

## Instructions for Transrectal Ultrasound and Biopsy of the Prostate

Your biopsy has been scheduled for \_\_\_\_\_ at \_\_\_\_\_ am/pm. Please read and sign the enclosed consent form and return it to the office on the day of you biopsy.

Do not take any aspirin or Advil for seven (7) days prior to the procedure. You may, however, take Tylenol.

If you are on Coumadin, or any other blood thinner, stop the medication seven (7) days prior your biopsy (which the permission of your prescribing doctor).

Please continue to take any other prescribed medications, **UNLESS** it is on the [enclosed list](#) of drugs to avoid. This is important, especially if you are diabetic or being treated for high blood pressure.

Your physician has prescribed an antibiotic, to be taken for four (4) consecutive days. Begin taking pills the day **before** the biopsy.

The antibiotic may be dosed once a day: levaquin, cipro-XR and should be taken in the morning.

Some of the antibiotics are given twice a day and should be takes at 8 AM and 8 PM.

Continue taking the antibiotic on the day of the biopsy, and for two days afterward.

On the day of the test, take a Fleet enema three (3) hours prior to your scheduled appointment.

There are **no dietary restrictions** prior to, or following, the procedure.

Also, since no anesthesia is required, you may drive home after your biopsy unless you were taken a sedative or a narcotic pain pill.

### What you should expect from the biopsy

Your biopsy is performed in the office. You will have a probe placed into the rectum which will cause some discomfort. Numbing medicine will be injected near the prostate to minimize pain from the biopsy.

The biopsy will likely cause minor bleeding in the urine, stool, or semen. Usually the blood goes disappears from the urine in a day or two, from the stool in a few days, and from the ejaculate in a few weeks.

There is a small chance of significant bleeding or infection that is less than 1%. Following your doctors instructions minimizes this.

